

"NESSIE" NEWS

Monthly Newsletter by Noreas Environmental Services



VOL. 2, ISSUE 4

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**CONGRATULATIONS,
JOSE!**

Jose Castaneda was promoted to
Maintenance Mechanic on March 18th


**CONGRATS TO
DENNIS AND HIS
FAMILY**
ON THEIR NEW
BABY GIRL


Safety at NES

NATIONAL WORK ZONE AWARENESS WEEK

APRIL 8-12, 2019

WORK ZONE SAFETY:
EVERYBODY'S RESPONSIBILITY



DRIVE SAFE IN WORK ZONES
SO WE ALL GET HOME



WITH MORE THAN 2,500 ACTIVE WORK ZONES AT ANY GIVEN TIME IN TEXAS, YOU CAN EXPECT TO SEE ROADSIDE WORKERS AND VEHICLES WHEN YOU TRAVEL. SLOW DOWN, PAY ATTENTION AND OBEY ALL TRAFFIC SIGNS SO WE ALL GET HOME.

In Texas,
27,148
crashes occurred in
roadway construction and
maintenance
zones in 2017



199 FATALITIES
813 SERIOUS INJURIES

87% OF FATALITIES WERE
MOTORISTS TRAVELING THROUGH A WORK ZONE



THREE LEADING FACTORS FOR WORK ZONE CRASHES:



FAILURE TO
CONTROL SPEED



DRIVER
INATTENTION



CHANGED LANES
WHEN UNSAFE

MOVE OVER OR SLOW DOWN

MOVE OVER A LANE OR SLOW TO 20MPH BELOW
THE POSTED SPEED LIMIT FOR STOPPED
EMERGENCY, TOW, TxDOT AND LAW ENFORCEMENT
VEHICLES WITH FLASHING LIGHTS. IT'S THE LAW.



BE SAFE. DRIVE SMART. TxDOT

The information contained in this report represents reportable data collected from the Texas Peace Officer's Report (CR-3).
This information was received and processed by the department as of February 13, 2018.



Safety at NES

NATIONAL YOUTH SPORTS SAFETY MONTH



TIPS FOR COACHES, PARENTS, AND KIDS

April is a perfect time to learn a few simple tips to keep young athletes safe so they can keep playing the games they love.

STRETCHING

Stretching before practice and games can make a big difference by releasing muscle tension and helping prevent sports-related injuries, such as muscle tears or sprains. Make sure there is time set aside before every practice and game for athletes to warm up properly.



HYDRATION

Bring a water bottle to practice and games. Encourage children to stay well-hydrated by drinking plenty of water before, during, and after play.

GET CHECKED OUT

Before playing organized sports, make sure young athletes receive a pre-participation physical exam by a doctor. This can help rule out any potential medical conditions that may place kids at risk.



REST SEASON

An off-season is important, too. It is recommended that kids get 10 consecutive weeks of rest from an one sport every year. Play different sports throughout the year is okay.

FIRST AID

Coaches should be certified in first aid and CPR, learn the signs and symptoms of a concussion, and help avoid overuse injury by resting players during practice and games.



SOURCE: LEEANN STROUD



DISTRACTED DRIVING AWARENESS MONTH 2019

“It Was Just...”

It was just a quick call

It was just a short trip

It was just one drink

It was just a picture

It was just an email

It was just a glance

It was just a text

It was just a bite

‘Just’ is all it takes

GET YOUR FREE MATERIALS AT:

nsc.org/justdrive



NES Environmental Updates

We had a Regional Water Quality Control Board Inspection at NBPL BOWTS on March 1, no issues. CUPA Inspection at NAB BOWTS and City Water Inspection at NBSD BOWTS on March 1 and both had no issues. CUPA inspection at NBPL BOWTS on March 19th, no issues. CUPA Inspection NBSD BOWTS on March 20th, no issues. Great job, everyone! A shout out to Matt and his team, especially Marcos and Ramon for their professionalism!



AMERICAN SOCIETY OF
SAFETY PROFESSIONALS

San Diego Chapter

Professional Development
Conference

March 12, 2019



To the entire NES Team,

Have a Happy Easter!

happy birthday!

PROJECT

ANNIVERSARY

APRIL BIRTHDAYS

Matt Hohenhaus

April 4th

Arlene Rodriguez

April 17th

Pablo Cruz

April 17th

Brent Beveridge

April 26th

Rene Ekstrand

April 28th

Danny Carillo

April 28th



APRIL ANNIVERSARIES

Clif Rollins

14 years

Danny Villanueva

14 years

Steve Bule

14 years

Brent Beveridge

14 years

Sebastian Gomez

6 years

Brad Gagnon

9 years

Jose Castaneda

1 year

Rene Ekstrand

13 years

Abby Barnett

12 Years