

"NESSIE" NEWS

Monthly Newsletter by Noreas Environmental Services

VOL. 2, ISSUE 1



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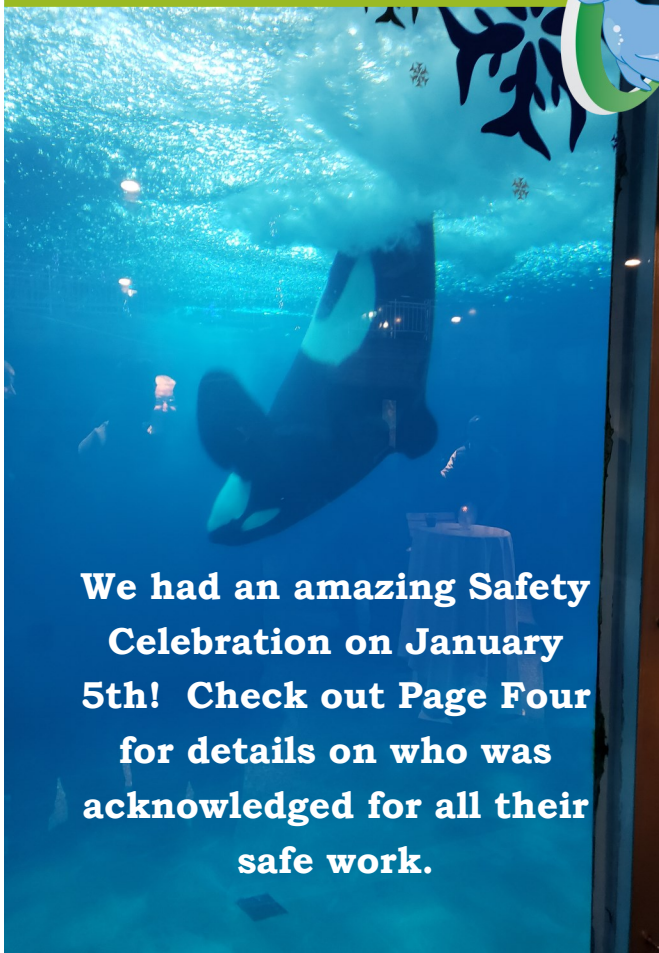
- .Birthdays & Anniversaries
- .Calendar
- .Safety Celebration
- .Safety Information



***Congratulations to Brad Gagnon
on his upcoming retirement!
Brad has been recognized for his
32 years of hard work and
dedication.***

Great job, Kevin Wyatt!

***Kevin got his commercial driver's
license on December 12th.***



**We had an amazing Safety
Celebration on January
5th! Check out Page Four
for details on who was
acknowledged for all their
safe work.**

IT'S W-2 TIME!

**YOUR NES W-2 WILL BE
MAILED TO YOUR HOME
ADDRESS ON RECORD.**

**YOU SHOULD RECEIVE YOUR W-2 BY THE END OF
JANUARY. 2018 W-2S ARE ALSO AVAILABLE TO
DOWNLOAD ON INTUIT'S VIEW MY PAYCHECK.**

If your home address does not match
what is on your pay stub, or you do not
receive your W-2 by 1/31/2019, please
email abby.barnett@aptim.com.

Safety at NES

FOOD SAFETY BEFORE, DURING AND AFTER A POWER OUTAGE

Know how to keep food safe before during and after emergencies. Hurricanes, tornadoes, winter weather and other events may cause power outages. Follow these tips to help minimize food loss and reduce your risk of foodborne illness.

BEFORE

PLAN AHEAD (IF YOU CAN) ...



Put **appliance thermometers** in your refrigerator and freezer.



Freeze **containers of water and gel packs** to help keep food cold if the power goes out.

Keep **freezer** **0°F** or below

Refrigerator **40°F** or below



Freeze refrigerated items such as leftovers, milk, and fresh meat and poultry that you do not need immediately.

Group foods together in the freezer to help food stay colder longer.

If you think power will be out for an extended period of time, buy **dry or block ice** to keep the fridge or freezer cold.



Store nonperishable foods on higher shelves to avoid flood water.

DURING

WHILE THE POWER IS OUT ...



Keep the refrigerator and freezer doors closed **to maintain cold temperature.**



IF DOORS STAY CLOSED ...

... a full freezer will hold its temperature for

48
HOURS

24
HOURS

if half-full

... a fridge will keep food safe for

4
HOURS

Safety Tips After A Power Outage

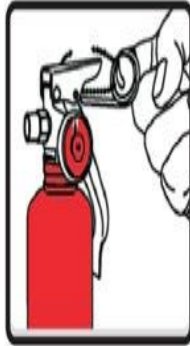
- ✓ **Throw away spoiled food**
- ✓ **Check refrigerated medications**
- ✓ **Restock emergency kit**

Safety at NES

Remember the **PASS** Word

P

Pull
Pull the pin (or other motion) to unlock the extinguisher.



A

Aim
Aim at the base (bottom) of the fire and stand 6 - 10 feet away.



S

Squeeze
Squeeze the lever to discharge the agent.



S

Sweep
Sweep the spray from left to right until the flames are totally extinguished.



ACCIDENT PREVENTION AWARENESS

MONTH

USE THE RIGHT TOOL FOR THE JOB

Operate equipment only if you have been trained on it and operate it in the way the manufacturer recommends. Know the correct use of hand and power tools.



WEAR SAFETY EQUIPMENT

Wear safety equipment appropriate to your activity. These can include: hard hats, gloves, eye wear, PPE, respirators, ear protections and more!



KEEP ELECTRICAL ITEMS IN GOOD REPAIR

Do not use electrical equipment while standing or kneeling on wet surfaces. As little as 100 mA can be fatal.



CLEAN UP

Clean up spills and remove trip hazards as soon as possible. Remove all loose materials from stairs, walkways, ramps, platforms, etc.



LIFT WITH PROPER TECHNIQUES

Get help to move heavy or bulky materials to avoid injury to yourself or damage to the materials.



STORE MATERIALS SAFELY

Tie down any materials that might fall, roll, or shift. Post weight limits when practical.

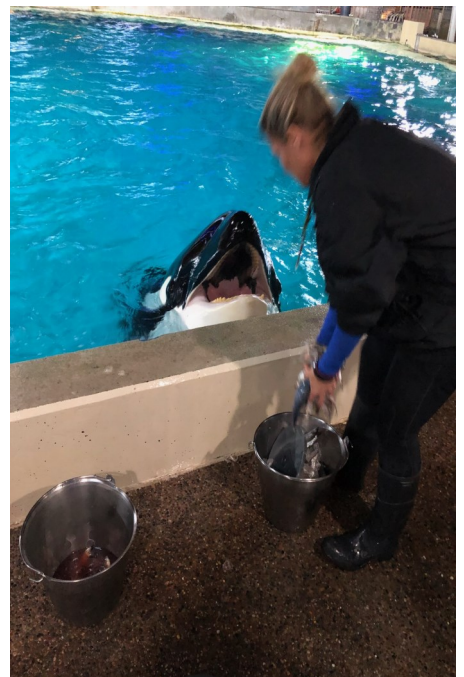
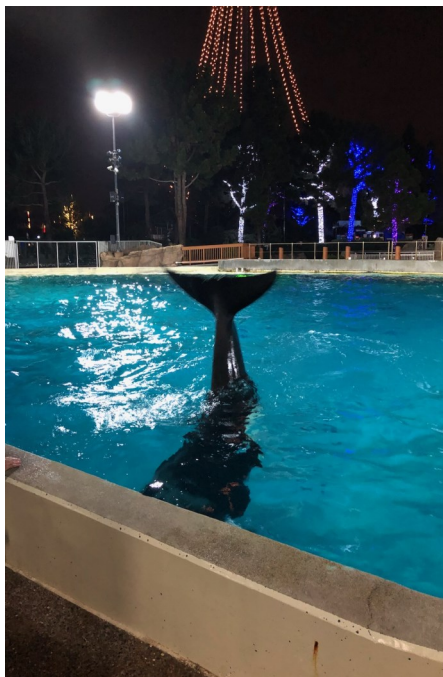
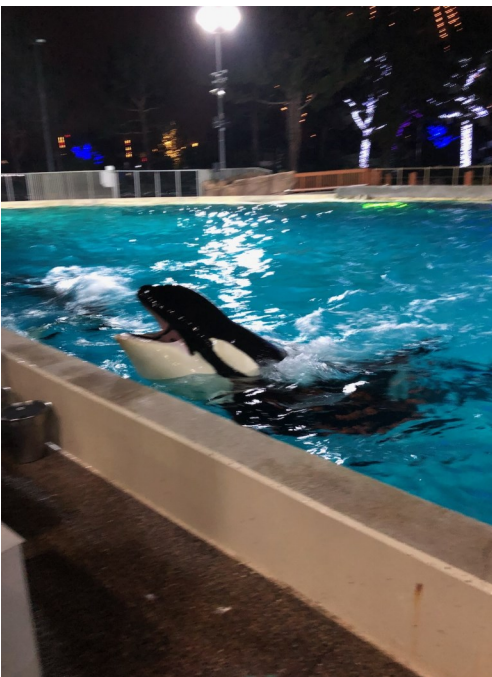
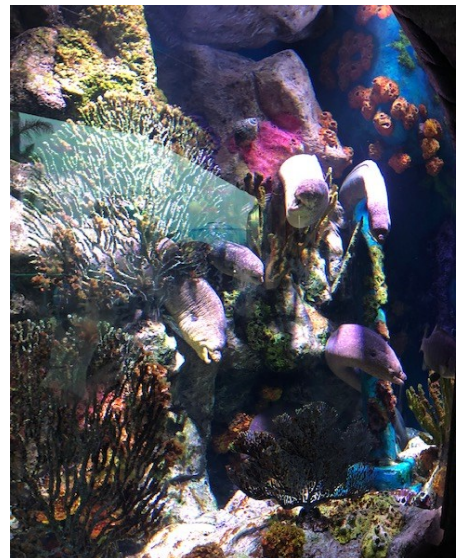
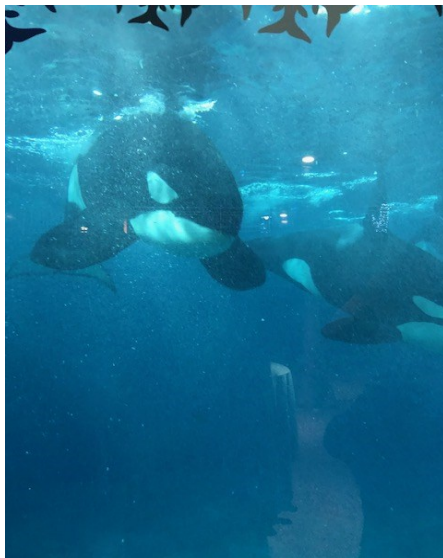


NES Environmental Updates

Rumor has it that EPA will be on Naval Base Coronado inspecting at least the risers on Piers J and L around the first week of February. We have not heard that they are coming to our facility. We are past due for CUPA inspections at all of our facilities though so I expect at least one of them will be inspected by CUPA at some time this month.

- Ellen Nelson

NES Safety Celebration!





Congratulations!

Gold Superior Safety Award Winners

Glen Rust

Lloyd Noland

Sherwin Pascual

Gustavo Molina



CONGRATULATIONS

Silver Safety "Great Catch" Award

Sebastian Gomez

Cesar Hernandez

Christopher Woods

happy birthday!

PROJECT
ANNIVERSARY

JANUARY BIRTHDAYS

JANUARY ANNIVERSARIES

Danny Villanueva

January 3rd

Steve Bule

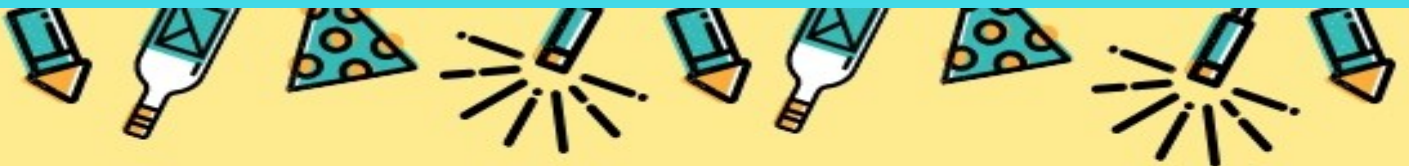
January 6th

Raul Sanchez

January 16th

Daniel Armstead

3 years



WISHING YOU A SAFE AND

HAPPY NEW YEAR!

TO OUR WHOLE NES TEAM

